

Rediscover your connection to nature

INVITATION TO A WILD EXPERIENCE IN THE STOCKHOLM
ARCHIPELAGO WITH JOHN P MILTON

We are honored to invite you to an experience above the ordinary in the beautiful archipelago of Stockholm, Sweden. Our distinguished guest of honor is John P Milton. A spiritual guide to "management gurus" like Peter Senge, Joseph Jaworski, Otto Scharmer, Brian Arthur, and others. Peter Senge says: "Leaders, particular in business, are finding that Miltons capacity to guide them into an encounter with nature both allows them to find a deeper purpose and unleashes the creativity needed to live that purpose".

We offer you a chance to rediscover your connection to nature and "all that is" during this weeklong workshop. Sacred Passage is a powerful awareness training and meditation retreat, combined with a guided, **contemporary vision quest solo in nature**. Experiencing a Sacred Passage will have a deeply transforming and liberating effect on your life. John P. Milton created The Awareness Training to incorporate his Twelve Principles which distil the core teachings of the world's liberating, earth-honoring spiritual traditions. His work has been visualized as a red thread through the book "Presence" (authors: Peter Senge, Joseph Jaworski, Otto Scharmer and Betty Sue Flowers) specially within the chapter "Seeing with the heart".

During the weekend, Milton shows how each principle represents a key seed to the way of spiritual awakening common to each of these great traditions—yet the true commitment is to pure spiritual illumination, rather than attachment to a specific lineage or religion.

John P. Milton

John P. Milton has pioneered for western civilization a unique, vital way of spiritual cultivation in nature. His vision quest and shamanic work began in the mid-1940s, at the age of seven. As a former Woodrow Wilson Scholar and professor of environmental studies at the University of Illinois, Springfield, John has conducted numerous lectures and seminars on the environment and earth-honoring spirituality within the United States, including at Harvard and Princeton Universities, and more recently, at MIT and Naropa University.

John was the first ecologist on staff at the White House in the 1970s, working with the President's Council of Economic Advisors. He is the founder of Threshold, Inc.—a non-profit organization dedicated to the preservation of sacred lands—and The Way of Nature Fellowship. He also created the Sacred Passage process of awareness training, where his 12 Principles are widely taught. He is the author of *Sky Above Earth Below: Spiritual Practice in Nature* and other books, articles, audio and video presentations on ecology and spiritual practices.



FACTS

Leaders: John P Milton and Göran Gennvi
Language: English
Booking: Göran Gennvi, 0046 705-128198, info@naturakademin.se
Place: Torpet Ingarö
Date: 2005.06.30 - 2005.07.03 (3 days)
Time: See program
Price: For the course: companies 3000 SEK + moms/vat,
private 2300 SEK

What Price Includes: Price above is for tuition only. Expenses for meals - 350 SEK/day. Extra fee will be added concerning transportation and accommodation.

REGISTER FOR THIS WORKSHOP: Concerning John P Miltons visit register directly to info@naturakademin.se. Please mention if you will stay only over the course or if you travel from far away and want us to arrange a place to stay either the night before and/or after. We warmly recommend you to bring your own tent – both for the 24-hour individual retreat and for a more sincere experience of the nature during the whole workshop. Although there are house accommodations in reach and to different prices. Specific places of accommodation and equipment list will be sent to you in your confirmation letter as well as information concerning arrival and departure.

Payment is to be made to Post Giro 633 31 28- 4 or Bank Giro 5714-3968 Naturakademin Learning Lab AB. Please bring the receipt of the payment and show it at the registration the first day, since the senders name is not always transparent at the statement of account. We gratefully receive your application as soon as possible – although not later than 31th May 2005.

PROGRAM:

Thursday 30th June

16.00	Arrival at Torpet, coffee and introduction
18.00	Dinner
19.00	Tuition
21.00	Dialogue by the evening fire

Distribution of sleeping places in tents and other accommodations.

Friday 1th July

07.00	QiGong
08.00	Breakfast



- 09.00 Tuition
12.00 Luncheon
14.00 Introduction of 24 hours of individual retreat
15.00 Placing of participants to individual sites in nature
Participants have 24 hours of retreat, stillness and individual practice in nature.

Saturday 2nd July

- 18.00 Collection of participants and gentle re-entry
20.00 A light dinner in tranquility
21.00 Common reflection at an evening fire

Sunday 3rd July

- 07.00 QiGong
08.00 Breakfast
09.00 Tuition
12.00 Luncheon
14.00 Closing ceremony
15.00 Home journey

Our workshops are educational experiences, and are not to be mistaken for long-term therapy or cure. Some people may find some programs to be too psychologically or physically challenging. We recommend that in case of any doubt, a physician or trusted counsellor be consulted.

Sincerely

Göran Gennvi

We reserve the right to cancel or reschedule any program at any time.

